

NOVEMBER / DECEMBER 2015

## FINANCIAL *GIFTS* FOR CHRISTMAS

Give your child or grandchildren the best present they'll ever unwrap



## EVALUATING YOUR FUTURE FINANCES

New possibilities in retirement, and the options available to you

## IT WON'T HAPPEN TO ME

If you couldn't work due to a serious illness, how would you manage?

### AUTO ENROLMENT

Reaping the benefits of workplace pension savings

### DON'T PANIC

Overvalued Chinese shares come to a shuddering halt after hitting a seven-year peak

### WRAP UP WITH AN ISA

A tax-efficient integral part of your investment strategy

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# CONTENTS

## **05 THE VALUE OF EDUCATION**

UK parents believe university is now unaffordable for most

## **06 IT WON'T HAPPEN TO ME**

If you couldn't work due to a serious illness, how would you manage?

## **07 SAVING FOR RETIREMENT**

Older workers delaying retirement to release cash from their savings

## **07 WRAP UP WITH AN ISA**

A tax-efficient integral part of your investment strategy

## **08 EVALUATING YOUR FUTURE FINANCES**

New possibilities in retirement, and the options available to you

## **10 PUTTING MONEY ASIDE FOR THE PROVERBIAL RAINY DAY**

Long-term investors rewarded by compound performance

## **11 AUTO ENROLMENT**

Reaping the benefits of workplace pension savings

## **12 FINANCIAL GIFTS FOR CHRISTMAS**

Give your children or grandchildren a financial present they can unwrap

## INSIDE THIS ISSUE

Working out how to make adequate financial provision for retirement is one of the most important financial decisions most of us will ever face. On page 22, we consider how it can be a daunting topic, with the options seeming to be overwhelming. Over the past year, there has been a seismic change to the retirement landscape with the introduction of the Government's 'pension freedoms' announced in the 2014 Budget.

On page 12, with Christmas just round the corner, making an investment for your children or grandchildren is a great way to give them a financial start in life, long after the festivities are over. Even small amounts can really add up if you save regularly from a child's birth, and there are many ways to invest on behalf of a child.

No one likes to think that something bad will happen to them. If you couldn't work due to a serious illness, how would you manage? Could you survive on savings or sick pay from work? If not, you may need some other way to keep paying the bills – and you might want to consider income protection insurance. Turn to page 06 to find out more.

Also inside this issue, we look at taking risk with some of your money to achieve a sustainable retirement income, putting money aside for the proverbial rainy day, and how wrapping up with an ISA can be very tax-efficient. The full list of the articles featured in this issue appears on page 03 and opposite.

We hope you enjoy reading this issue and find it informative. To discuss any of the articles featured, please contact us.



# 12

**FINANCIAL GIFTS  
FOR CHRISTMAS**

## CONTENTS

### 13 DON'T PANIC

Overvalued Chinese shares come to a shuddering halt after hitting a seven-year peak

### 14 SIPP FREEDOM

One of the most tax-efficient ways of saving for retirement

### 16 PRE-RETIREMENT PREDICAMENT

Older generation choose to work into later life amidst family concerns

### 19 YOU STILL DON'T HAVE A WILL?

Save your family unnecessary distress at an already difficult time

### 20 CARRYING FINANCIAL BURDENS INTO RETIREMENT

Have we become a nation comfortable with debt?

### 22 FINANCIAL DECISIONS

Flexibility to use your pension pot in the way that suits your needs

### 24 IT'S GOOD TO TALK

When was the last time you discussed the family's finances?

### 27 UNTAPPED PROPERTY WEALTH

4.8 million retirees are 'going without'

### 28 AIMING FOR BETTER RETURNS

Taking risk with some of your money to achieve a sustainable retirement income

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# IT WON'T HAPPEN TO ME

*If you couldn't work due to a serious illness, how would you manage?*

No one likes to think that something bad will happen to them. If you couldn't work due to a serious illness, how would you manage? Could you survive on savings or sick pay from work? If not, you may need some other way to keep paying the bills – and you might want to consider income protection insurance. Currently, 10.8 million UK households are at risk of their income falling by at least a third if the main earner stopped working due to ill health<sup>[1]</sup>.

## LONG TERM ABSENCE

Whether or not you have children or other dependants, if illness would mean you couldn't pay the bills, you should consider income protection insurance; with 131 million days lost to sickness absence every year<sup>[2]</sup>, the reality is that it's not just the odd day off that could impact on you – a long-term absence could be a real possibility. You're also most likely to require it if you're employed or self-employed and you don't have a sick pay arrangement to fall back on.

Income protection insurance is a long-term insurance policy that provides a monthly payment if you can't work because you're ill or injured, and typically pays out until you can start working again, or until you retire, die or the end of the policy term – whichever is sooner.

## WAITING PERIOD BEFORE PAYMENTS START

There's a waiting period before the payments start. You generally set payments to start after your sick pay ends, or after any other insurance stops covering you. Usually, the longer you wait, the lower the monthly payments.

Policies may cover most illnesses that leave you unable to work, either in the short or long term (depending on the type of policy and its definition of incapacity), and you can claim as many times as you need to while the policy lasts.

## EMPLOYMENT SUPPORT ALLOWANCE

The average UK household spends £1,503 a month<sup>[3]</sup>, and any Employment Support Allowance would only provide up to £125.05 a week.

Half of Britons questioned for a new study by insurer Zurich displayed a classic 'it won't happen to me' attitude, believing they have a less than one in ten chance of being unable to work through disability.

## FEW HAVE ANY PROTECTION

Worryingly, only four in ten have any awareness of how to protect their income should they become

unable to work due to health reasons, and few have any protection in place.

As well as underestimating their chances of being unable to work because of medical reasons,



people also believe that if it does happen, it will occur later. Just under half believe that those aged between 45 and 54 are at highest risk when, in reality, the likelihood increases from the age of 40 to almost one in five, and by 55, as many as 28% can no longer work.

## MAINTAINING A CURRENT LIFESTYLE

Looking at the impact on their finances, 44% of Britons anticipate their income being cut by up to half if they became unable to work due to disability, and only 15% say they could maintain their current lifestyle with this reduction.

State benefits are considered to be the main source of alternative income, though only a fifth think they would be eligible for support if their household income dropped by 30%.

## EMPLOYERS NOT OFFERING INCOME PROTECTION

Interestingly, payments by insurers are thought to play a minor role, with 70% of respondents saying their employers didn't offer income protection, and three quarters having no such cover.

In reality, however, figures show that 16% of the working age population in the UK suffer a disability that prevents them from working, and around 300,000 people a year fall out of work and into the welfare system because of health-related issues<sup>[4]</sup>. ■

Income protection insurance is designed to provide you with peace of mind that should the worst happen, you will be able to continue to meet your immediate costs of living and lifestyle. Generally, it's cheaper than most people think, and in the majority of cases, some cover is better than none at all. If you would like to review your current situation and ensure you're fully covered, please contact us for further information.

### Source:

[1] ABI Welfare Reform for the 21st Century.

[2] ONS – Sickness Absence in the Labour Market, February 2014.

[3] Aviva Family Finances Report, December 2014.

[4] [www.papworthtrust.org.uk](http://www.papworthtrust.org.uk) – 16% of adults at working age and 43% over State Pension age. Four out of five disabled people acquire their disability during their lives – [www.gov.uk/government/news/a-million-workers-off-sick-for-more-than-a-month](http://www.gov.uk/government/news/a-million-workers-off-sick-for-more-than-a-month)







# EVALUATING YOUR FUTURE FINANCES

*New possibilities in retirement,  
and the options available to you*

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The recent pension freedoms have opened up new possibilities in retirement, allowing more of today's recent retirees to enjoy the sixty-something socialite lifestyle. Retirement can be one of the most liberating and exciting life stages, but to get the most freedom and enjoyment out of retirement, it is crucial for people to consider their finances and plan ahead.

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THE PENSION REFORMS PROVIDE A GOOD OPPORTUNITY FOR PEOPLE TO REALLY THINK ABOUT AND EVALUATE THEIR FUTURE FINANCES, AND THE OPTIONS AVAILABLE TO THEM. NEW RETIREES ARE EMBRACING THEIR RETIREMENT WITH A WHIRLWIND OF SOCIALISING, ACTIVITY AND TRAVEL ON A PAR WITH THOSE IN THEIR TWENTIES.

**PENSION REFORMS PROVIDE A GOOD OPPORTUNITY**

The pension reforms provide a good opportunity for people to really think about and evaluate their future finances, and the options available to them. New retirees are embracing their retirement with a whirlwind of socialising, activity and travel on a par with those in their twenties.

New research from Standard Life reveals that 94% of recently retired adults don't feel like they fit the image of a stereotypical pensioner. Freedom (62%) and enjoyment (52%) are the most popular descriptions used by retirees to describe the first year of their retirement, so it's no surprise that this generation are every bit as lively as people in their twenties.

**BOTH AGE GROUPS DO SOMETHING ACTIVE**

On average, both age groups do something 'active', such as sports or exercise, between three and four times a week, and more than one in six retirees (17%) do something active every day compared to around one in nine (12%) of those in their twenties.

As for how social circles compare, retirees have just as many close friends as twenty-somethings – between five and six on average. 12% of the older generation have more than ten close friends – more than the 10% of twenty-somethings.

**WIDENING SOCIAL CIRCLES TO MEET NEW PEOPLE**

While the rise of social media means young people are able to keep in closer contact with their friends easily, 89% of retirees say they speak to their close

friends at least once a month – a similar figure to those in their twenties (96%). And today's retirees are also feeling confident widening their social circle to meet new people, with one in ten admitting they have tried online dating, and 12% of these meeting up with someone they met online for romance or friendship.

The research also revealed that most retirees (75%) like to go out to a social engagement or to eat at least once a week. Many enjoy a drink or two (69%), and amongst those who do drink, they do so on average three or four days a week, compared to twice a week for the younger generation.

**The most popular activities people take up during their first year of retirement are:**

- Plan more holidays and go travelling (58%)
- Spend more quality time doing things with family and friends (48%)
- Do more exercise and sport (23%)
- Take up voluntary work (23%)
- Start a new hobby (22%)

**PLANNING AHEAD**

To fund this active and social lifestyle later in life, planning ahead enabled them to worry less about their financial situation, with over three quarters (77%) having an additional income alongside the State Pension. Over half (54%) were comfortable with their financial situation as they entered retirement, with a further 32% considering their finances as under control. ■

**Source:**

All figures are from Opinium. Total sample size for the survey was 1,034 retirees and 1,022 young people aged 20–29. Fieldwork was undertaken in June 2015. The surveys were carried out online. The figures have been weighted and are representative of all GB adults (aged 18+).



In the light of the pension reforms, whether you're just starting out and looking to set up your first pension or building on your existing retirement plans, please contact us if you would like to discuss your retirement plans – we look forward to hearing from you.

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# PUTTING MONEY ASIDE FOR THE PROVERBIAL RAINY DAY

*Long-term investors rewarded by compound performance*

An investor who puts money aside over the long term for the proverbial rainy day is far more likely to achieve their goals than someone looking to 'play the market' in search of a quick profit.

**T**he longer you invest, the bigger the potential effect of compound performance on the original value of your investment. Many investors will be familiar with the term 'compounding' from owning cash savings accounts. The term refers to the process whereby interest on your money is added to the original principal amount and then, in turn, earns interest.

Over time, compounding can make a significant difference. Your investments can benefit from compounding in a similar way if you reinvest any income you receive, although you should remember that the value of stock market investments will fluctuate, causing prices to fall as well as rise, and you may not get back the original amount you invested.

Shares, bonds, property and cash react differently in varying conditions, and opting for more than one asset class can help to ensure your investments won't all rise or fall in value at the same time. Holding a portfolio of investments as part of a collective investment scheme can help to diversify the perils associated with investing in individual assets and markets, as well as less visible hazards such as inflation risk – the possibility that the value of assets will be adversely affected by an increase in the rate of inflation.

Investing in vehicles such as unit trusts, investment trusts and OEICs can also remove a lot of the difficulty associated with managing a broad portfolio. Above all, investors should aim for a level of risk they are comfortable with which reflects their investment objectives. ■

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With the New Year rapidly approaching, now is the ideal time to start thinking about your investments for 2016 and beyond. To review your situation, please contact us – we look forward to hearing from you.

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## TYPES OF COLLECTIVE INVESTMENT SCHEME

### UNIT TRUSTS

Unit trusts pool funds together under one umbrella and then manage them en masse. Investors pay into the unit trust, which then buys assets such as equities or bonds on their behalf.

The monetary value of these assets is divided by the number of units issued when the fund is created to give an initial unit value. This value then fluctuates as the underlying assets trade daily and investors put money in or take money out. As there is no limit to how many units can be created or redeemed on an ongoing basis, unit trusts are known as 'open-ended funds'.

### INVESTMENT TRUSTS

An investment trust works along the same principle of raising money from investors to buy assets that it manages on behalf of them all. The main difference is that the investment trust is created by selling a fixed number of shares at the outset. As no new shares are created, investment trusts are known as 'closed-end funds'.

### OPEN ENDED INVESTMENT COMPANIES (OEICs)

OEICs are a mixture of a unit trust and an investment trust. OEICs issue shares rather than units but have a different pricing structure to unit trusts. OEICs are based on a single price structure which means buyers and sellers receive the same price.







# FINANCIAL GIFTS FOR CHRISTMAS

*Give your children or grandchildren a financial present they can unwrap*

With Christmas just round the corner, making an investment for your children or grandchildren is a great way to give them a financial start in life, long after the festivities are over. Even small amounts can really add up if you save regularly from a child's birth, and there are many ways to invest on behalf of a child.

## **JUNIOR INDIVIDUAL SAVINGS ACCOUNT (ISA)**

The first and easiest option to choose is a Junior Individual Savings Account (ISA), if the child is eligible. Junior ISAs are flexible, tax-efficient and can only be accessed by the child when they reach the age of 18. Parents and other relatives can save up to £4,080 in the 2015/16 tax year in a Junior ISA, and like adult ISAs, Junior ISAs can be held in cash or stocks and shares, or you can divide the allowance between both.

## **CHILD TRUST FUND (CTF) TRANSFER INTO A JUNIOR ISA**

Changes to CTF regulations now mean investors can choose to transfer existing Child Trust Funds into Junior ISAs. Junior ISA tax advantages may depend on your individual circumstances, and tax rules may change in the future.

Your existing CTF provider may make a charge for carrying out a transfer. If your child does not qualify because they have already used their Junior ISA allowance for the current tax year, or they have a CTF that they do not wish to transfer into a Junior ISA, then there are other options you could consider.

## **NS&I CHILDREN'S BOND**

You can invest between £25 and £3,000 tax-free for five years at a time until the child reaches 16, at which point they will gain control of the bond. The interest rate is guaranteed, so you'll know how much the investment will earn at the end of the five-year term.

But if you need access to the money before the end of the five years, you'll face a penalty – the equivalent of 90 days' interest on the amount you cash in.

## **REGULAR SAVINGS**

If you're able to commit to making monthly contributions, then you can often benefit from higher rates of interest with a regular savings account.

They're ideal for savers who are saving for something specific and wish to drip-feed cash into their account in a disciplined way, but these accounts will usually limit the number of withdrawals you can make each year and restrict the amount of money you can invest each month.

Be careful not to miss a payment or exceed the limit on withdrawals, as doing so can cost you interest.

## **COMPLETE AN R85 FORM**

In the 2015/16 tax year, each child is entitled to a tax-free allowance of £10,600. Make sure you complete an HM Revenue & Customs form R85, so that any interest will be paid free of tax.









# You've protected your most valuable assets.

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But how financially secure  
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Timely decisions on how jointly owned assets are held, the mitigation of inheritance tax, the preparation of a will and the creation of trusts, can all help ensure your dependents are financially secure.

**Contact us to discuss how to safeguard your dependents,  
wealth and assets, don't leave it until it's too late.**



# PRE-RETIREMENT PREDICAMENT

*Older generation choose to work into  
later life amidst family concerns*

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More than a third (34%) of over-55s plan to continue working past what would previously have been considered their retirement age of 65, according to figures released from Scottish Widows think tank the Centre for the Modern Family.

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OVER HALF (54%) OF THOSE WHO CHOOSE TO STAY IN EMPLOYMENT SAID THAT THEY DON'T FEEL OLD ENOUGH TO RETIRE, AND 24% WANT TO KEEP WORKING BECAUSE THEY ENJOY THEIR JOB AND WANT TO CONTINUE THEIR PROFESSIONAL DEVELOPMENT.

The research found that a third (33%) of over-55s plan to continue working in some capacity as they approach retirement, with a further 45% unsure or yet to make plans for later life, suggesting fewer people are choosing linear career paths and traditional approaches to work followed by retirement.

### OPPORTUNITY TO CONTINUE WORKING

The number of over-65s choosing to continue working has risen 26% to 1.1 million since the abolition of the default retirement age in October 2011, and despite the difficulties facing many 'pre-retirees', a growing number of older workers are taking the changes to legislation as an opportunity to continue working for their own well-being. The Centre for the Modern Family research found a significant gap between those who want to carry on working versus those who need to continue earning.

Over half (54%) of those who choose to stay in employment said that they don't feel old enough to retire, and 24% want to keep working because they enjoy their job and want to continue their professional development. The study highlighted that one in five men (17%) and one in ten women noticed improvements in family relationships as a result of spending more time independently.

### FINANCIAL PRESSURE

The changing shape of the family unit has also impacted the possibility of retirement for many over-55s, with ageing relatives and boomerang children adding financial pressure at both ends of the spectrum. Almost a fifth admitted that they will continue to work in order to support their family financially, yet 17% felt their ability to do their job is impacted because they are tired and stressed from balancing work and family life.

Almost half (44%) of over-55s who plan to continue working also said they will need to do so in order to supplement their pension, and a further 13% still have debt or a mortgage to pay off. More than half (54%) of over-55s admitted that they are already struggling to make ends meet and have had to adjust their spending habits before considering life on a pension. Almost a quarter (23%) say they have spent their savings or contribute less to savings now (24%) as a result of living costs in the last year, while a third (33%) have cut down on leisure spending.

### GENDER GAP

The research also uncovered a new trend of the 'unretired', with 15% of men and 9% of women returning to work post-retirement, and a further 25% and 29% respectively saying they would be willing to do so.

A noticeable gender gap appeared between desire and necessity, as the majority of men (57%) said they returned to work because they were bored or restless, but the main reason for women (38%) was the need for money to meet day-to-day family costs. However, a fifth (20%) of retired women who would not return to paid employment after retirement said it was because they had too many family commitments.

Regardless of the motive for continuing or returning to work, feelings amongst family members are yet to catch up with the attitudes of the workers themselves. This suggests that older workers are juggling competing priorities as they try to balance the demands of their finances, family life, health and jobs.

### HEALTH IMPLICATIONS

The research highlighted that 23% of people worry about the health implications of working longer for their older relatives. Family members also worry that for older relatives, choosing to work for longer could

have a negative impact on their family, with 18% saying they feel both older and younger generations will have less time to spend together as a result. Almost one in ten (9%) said it would make managing their own work and family life balance more difficult – a figure which rises to 13% among parents with children under 18.

However, positive signs are emerging that families can spot the benefits of a longer working life, both on health and family relationships. More than a quarter (27%) feel that older relatives will be able to remain active for longer, while 23% feel they become good role models for younger generations. Almost one in ten (8%) also feel it will relieve the burden of financially supporting older relatives financially later in life. ■

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#### Source data:

*This report is based on both quantitative and qualitative inputs, including a nationally representative YouGov survey of 2,000 adults, a further YouGov survey of 500 business leaders spread across all sizes of employer, interviews and discussions with the Centre for the Modern Family panellists, and a series of focus group sessions also conducted by YouGov.*

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# CARRYING FINANCIAL BURDENS INTO RETIREMENT

*Have we become a nation comfortable with debt?*

Almost one third of retired people were still carrying debt at the point they gave up full-time work according to research[1] from YouGov and Old Mutual Wealth. The findings showed that the average amount of debt held at the point of retirement is £34,500; however, 19% of people had debts of over £50,000, and almost one in ten had debts of over £100,000.



**M**ortgage debt is most common, with 21% of people still owing money on their house when they retire. 14% owe money on credit or store cards, whilst 6% have unsecured loans.

**PENSION REFORMS**

The pension reforms that came into force in April 2015 provided savers with greater flexibility in how they accessed their pensions. The average amount withdrawn in cash from pension funds by retirees since the reforms is £28,000, with 19% of retirees using some of that money to pay off debt.

However, 58% of those who had debt at the point of retirement are still in debt now; 30% still have mortgage debt, and 28% still owe money on credit or store cards.

The probability of carrying debt into retirement may come as a surprise to those approaching retirement now, as only around 17% expect to owe money when they decide to retire. Those who do expect to have debt at retirement anticipate the amount to be around £33,500, but only 9% expect to owe money on their house.

**HARSH REALITY**

It seems that we have become a nation comfortable with debt, and this follows many people into retirement. Though most people would hope to be releasing themselves from the shackles of debt before they retire, particularly the debt attached to their home, this new data shows the harsh reality that many will not be able to release themselves from those ties immediately, as levels of debt are higher than they perhaps imagine.

The new pension rules do give people the option of using some, or all, of their pension savings to pay

off debt. However, the amounts being withdrawn are not enough to cover the average that is owed, and there could be a detrimental effect on the amount of longer-term income available to these consumers. The research shows that debt planning is just as important as saving and investing in relation to how much income people will have in retirement. ■



Putting a plan together that includes how debt will be managed in the run-up to retirement can be best managed with the help of professional financial advice. To discuss your requirements or situation, please contact us.

THE PENSION REFORMS THAT CAME INTO FORCE IN APRIL 2015 PROVIDED SAVERS WITH GREATER FLEXIBILITY IN HOW THEY ACCESSED THEIR PENSIONS. THE AVERAGE AMOUNT WITHDRAWN IN CASH FROM PENSION FUNDS BY RETIREES SINCE THE REFORMS IS £28,000, WITH 19% OF RETIREES USING SOME OF THAT MONEY TO PAY OFF DEBT.

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**Source data:**

[1] All figures, unless otherwise stated, are from YouGov Plc. Total sample size was 1,649 adults. Fieldwork was undertaken from 15–18 May 2015. The survey was carried out online and the figures have been weighted.





# Isn't it time you had a financial review?

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**To discuss your options, please contact us.**







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THE UNEXPECTED DEATH OF A SPOUSE CAN LEAD TO CONSIDERABLE FINANCIAL PROBLEMS IF THE SURVIVING PARTNER IS NOT FULLY AWARE OF THE STATE OF THE FAMILY'S FINANCES. ALL TOO OFTEN, COUPLES DO NOT FULLY DISCUSS THE IMPLICATIONS OF THE DEATH OF A SPOUSE OR PARTNER, AND THIS CAN CREATE ADDITIONAL STRESS THAT COULD EASILY HAVE BEEN AVOIDED.



# Achieving a comfortable retirement.

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Do you need a professional assessment  
of your situation to make this a reality?

.....

If you are unsure whether your pension is performing in  
line with your expectations, and that you've made the right  
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questions, and we'll help guide you to a  
comfortable retirement.**

# UNTAPPED PROPERTY WEALTH

*4.8 million retirees are 'going without'*

The British would like to have three quarters of their working income in retirement. However, pensions remain an obscure topic for many, and 44% have not yet started to save for retirement<sup>[1]</sup>.

## FUNDING RETIREMENT

With people living longer and retiring on smaller pension pots, funding retirement poses a very real challenge for many. In fact, a third (32%) of retirees now live on less than the minimum wage<sup>[2]</sup>, yet more than two thirds (68%) have untapped property wealth which they may not have even considered or don't realise they could be accessing to fund a more comfortable lifestyle.

Two in five of those aged 65 and over (42%) – 4.8 million pensioners<sup>[3]</sup> – have 'gone without' due to tight budgets according to LV=. These pensioners sacrifice items such as holidays abroad (25%), a new car (16%) or dining out (15%), and one in twenty (5%) can't afford to buy birthday and Christmas presents for friends and family. Regionally, retirees in the South West and East of England are most likely to go without, with those in Wales (5%) and Scotland (5%) most likely to find it a struggle to keep up with their utility payments.

## GOING WITHOUT

Of those retirees whose income is less than the equivalent of earning the minimum wage, the number 'going without' rises significantly to 54%. Furthermore, one in seven (15%) can't afford to replace household goods, and over 150,000 are struggling with their utility bills<sup>[4]</sup>.

It seems that a considerable number of retirees are 'going without' in order to stay within budget. However, for many, help could be closer to home than they realise. The research shows that five in six (83%) over-65s own their home and are sitting on an average of £235,750 in property equity<sup>[5]</sup>, which they could access to have a happier and more comfortable retirement. ■

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Despite this, only one in twenty (7%) over-65s have unlocked the capital in their property to help fund their retirement. Nearly a fifth (17%) of pensioners incorrectly thought they would pass on debt by using equity release, while nearly a quarter (24%) mistakenly thought that their equity release borrowing could exceed the value of their property. It would seem that misconceptions and low awareness of equity release are preventing people from accessing the money tied up in their home to help them to bridge their pension income gap.

AN EQUITY RELEASE PRODUCT WILL REDUCE THE VALUE OF YOUR ESTATE, WILL NOT BE SUITABLE FOR EVERYONE AND MAY AFFECT YOUR ENTITLEMENT TO STATE BENEFITS. TO UNDERSTAND THE FEATURES AND RISKS, PLEASE ASK FOR A PERSONALISED ILLUSTRATION.

CHECK THAT A LIFETIME MORTGAGE WILL MEET YOUR NEEDS IF YOU WANT TO MOVE OR SELL YOUR HOME, OR YOU WANT YOUR FAMILY TO INHERIT IT. IF YOU ARE IN ANY DOUBT, SEEK INDEPENDENT ADVICE.

DEPENDING ON THE ADVISER YOU ARE REFERRED TO, THERE MAY BE A FEE FOR EQUITY RELEASE ADVICE, THE VALUE OF WHICH WILL BE CONFIRMED AT ANY INITIAL MEETING.

INFORMATION IS BASED ON OUR CURRENT UNDERSTANDING OF TAXATION LEGISLATION AND REGULATIONS. ANY LEVELS AND BASES OF, AND RELIEFS FROM, TAXATION ARE SUBJECT TO CHANGE.

## Source data:

[1] BlackRock Investor Pulse conducted in association with Cicero Group in August 2014. A nationally representative sample of 2,000 people surveyed aged between 25 and 74 years old.

[2] The National Minimum Wage is £6.50 an hour. According to ONS Annual Survey of Hours and Earnings (2014), the average full-time employee works 39.2 hours a week. Therefore, minimum wage would be £254.80 a week, or £13,249.60 a year. This figure was then entered into [www.listentotaxman.co.uk](http://www.listentotaxman.co.uk), which calculates the amount of tax paid in a given financial year. This provided the figure £12,196.93.

[3] 42% of respondents aged 65 and over have 'gone without'. If this is applied to the number of people aged 65 and over in the UK (11.4 million – ONS, 2015), then 4.8 million people will have 'gone without'.

[4] According to research, 16 people aged 65 and over have an income of less than the minimum wage, which is 1.3% of everyone aged 65 and over. Applying this to the 11.4 million figure from ONS, 2015, this means that 151,585 people are struggling to pay their utility bills who fall in this category.

[5] According to research carried out by Opinium Research on behalf of LV=, the mean value of equity in over-65s' homes is £235,752.

The research was carried out by Opinium Research from 27–29 July 2015. The total sample size was 2,042 British adults over 18 years old and was conducted online. Results are weighted to a nationally representative criteria.

